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I am an independent child care trainer consultant / trainer based in County Donegal Ireland. I have more than 30 years experience in direct work with children, teenagers and their carers in a wide range of settings. I specialize in helping carers and organizations maintain placement stability for children; I do this through the use of attachment and trauma informed training combined with TCIF, I am the Lead TCI Consultant in Ireland. I am trained in the Child Attachment Interview Protocol with Anna Freud Centre London. I carry a small caseload for fostering agencies aimed at supporting precarious placements

Secure Attachment Matters
Working to promote secure attachment and placement stability for children in foster, adoptive, and kinship care

Secure Attachment Matters

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SECURE
Attachment Matters
IRELAND

Secure Attachment Matters

A development and training initiative combining Therapeutic Crisis Intervention (TCI) for Family Carers with training on attachment and complex trauma



Making complex theory understandable and useable for people motivated to care for children who have experienced attachment disruption and adverse life events

Guiding Principles

- Helping children feel safe emotionally and physically is fundamental and foundational to progress.
- Intersubjective experience between carer and child that provides acceptance and order has precedence over behaviour management.
- Relationships that proactively meet a child's need for acceptance, understanding, order and co-regulation are rewarding and socially reinforcing.
- Anticipating children's needs and meeting these proactively before the child demonstrates the need through extreme behaviour is crucial.
- A team approach where all the adults meet - regularly to share experience with the developing child are central to recovery care. Carers are a core part of that team.
- The 'template' for this work can be paralleled with similar emotional intensity as parenting an infant.
- Children, like adults are not always conscious of their actions.

One Day Attachment Component

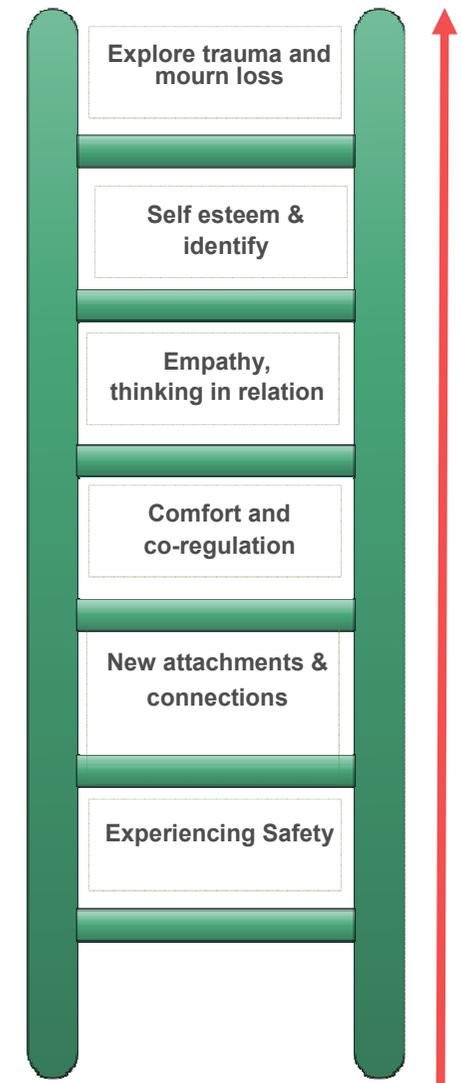
Using up-to-date DVD media illustrating attachment and child development the attachment training day covers

1. The impact of early experience on brain development.
2. Understanding attachment, attachment behavior, and attachment styles.
3. Complex trauma and development domains affected by disrupted early experience.
4. "I Thou moments" the chemistry of adult child interactions. Does this child allow me to care for them in the way that I want to or expected to? The importance of calming stress filled moments.

Four Day TCI Component Covers

1. Preventing difficult or challenging behavior by providing proactive care to make life easier for children and the carers.
2. How to intervene skillfully, thoughtfully and therapeutically when children's responses challenge adult confidence and competence.
3. How to process events after a crisis so that every one learns and is better prepared in future.
4. The TCI component builds on and integrates attachment knowledge covered on day one.
5. TCIF Workbook included

Training delivery is flexible to suits the needs



The order of developmental challenges for children with complex trauma and disrupted attachment